Inflammatory myofibroblastic tumor: A rare case in the larynx

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Case description

Inflammatory myofibroblastic tumors (IMTs) represent a heterogeneous group of mesenchymal benign neoplastic lesions, with a wide spectrum of histological presentations. IMT’s are most often located at the lungs. In the head and neck region, the most affected areas are the paranasal sinuses and orbits. Laryngeal involvement is extremely rare and occurs more frequently in the true vocal folds.

A 61-year-old male presented with a 2-year history of progressive dyspnea. He never smoked and had no history of vocal abuse or gastroesophageal reflux. Laryngoscopy revealed an exophytic mass, with a smooth surface, located in the anterior commissure of the larynx (Figure 1). Cervical CT scan showed no signs of cartilage destruction or cervical lymph nodes. The mass was completely excised by suspension microlaryngoscopy with cold steel instruments. Histopathological analysis revealed spindle cells in a background of myxoid tissue and mixed inflammatory infiltrate. Immunohistochemistry was positive for vimentin, anaplastic lymphoma kinase (ALK)-1 and Caldesmon (Figure 2). The patient regained normal voice and remained asymptomatic during the 12-month follow-up.

Although benign, IMTs may have a more aggressive behavior with tissue destruction. Moreover, in the larynx these lesions represent a potential risk for acute dyspnea. For this reason, complete surgical resection is the treatment of choice for larynx IMTs. Follow-up is paramount to identify recurrence.
Declarations

Ethics approval and consent to participate: Not applicable.

Consent for publication: Written informed consent for publication of clinical details and clinical images was obtained from the patient.

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