ISSN 2766-7820

# Case Report

Open Access, Volume 3

# A malignancy mimicker in an unusual location: Pseudotumoral malakoplakia of the breast

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Received: Nov 11, 2022 Accepted: Dec 08, 2022 Published: Dec 15, 2022 Archived: www.jcimcr.org Copyright: © Yaiche R (2022).

DOI: www.doi.org/10.52768/2766-7820/2200

#### **Abstract**

Malakoplakia is an uncommon granulomatous disease that occurs in immunocompromised individuals. It's thought to be caused by macrophagic bactericidal defect.

We report a rare case of breast malakoplakia in a pregnant 35 yearsold woman that mimicked malignancy.

Pathological examination showed a circomscribed lesion of the breast parenchyma composed of an infiltrate of foamy histiocytes that had Michaelis and Gutmann PAS positive bodies in their cytoplasm. Malakoplakia occurs mainly in the genito-urinary tract, especially in the bladder.

Medical treatment is the standard treatment modality. Surgical treatment depends on affected site and is recommended and in case of medical treatment failure.

In conclusion, BM is very rare and may mimick malignancy leading to excessive mutilant treatment and psychologic complications. It should be managed by an interprofessional team approach since no clear treatment guidelines are established.

**Keywords:** Malakoplakia; Infection; Breast; Pathology; Mammography.

# Introduction

Malakoplakia is an uncommon, granulomatous disease that occurs in immunocompromised individuals. It's thought to be caused by a defect in macrophages functioning against bacterial agents. Breast is extremely rare as a site of occurrence [1].

We report the case of Breast Malakoplakia (BM) in a 35-yearold pregnant woman, that mimicked a malignant tumour and we aim to discuss its clinicopathological characteristics in this uncommon location.

## **Case report**

The patient was a 35-year-old pregnant woman who pre-

sented with a nodule of the right breast. This nodule was discovered incidentally on a PT-scan performed to explore respiratory problems at the time of SARS-COV2 pandemics. The patients had a negative SARS-COV2 PCR and CT-Scan didn't show any SARS-COV2 associated lesions. At clinical examination, the nodule was not palpable.

Mammography X-rays showed a speculated lesion that measured 8 mm in size. This suspicious aspect was confirmed by ultrasounds. Microbiopsies have been performed.

Pathological examination revealed a circumscribed lesion of the breast parenchyma. It was composed of an infiltrate of inflammatory cells within a myxoïd background. The predominant **Citation:** Nada M, Yaiche R, Faten G, Fethi F, Karima T, et al. A malignancy mimicker in an unusual location: Pseudotumoral malakoplakia of the breast. J Clin Images Med Case Rep. 2022; 3(12): 2200.

component of this inflammatory infiltrate was represented by a large number of foamy histiocytes with granular cytoplasm. These PAS positive granules are Michaelis and Gutmann bodies. In view of these histological aspects, we concluded to "breast pseudotumoral malakoplakia".

The patient was put on fluoroquinolones (ciprofloxacin 500 mg, twice a day) with satisfying clinical and radiological evolution after 3 months.

#### **Discussion**

## Historical aspects and terminology

Malkoplakiaor Von Hannsemman disease has been originally decribed in the early 1900s by Michaelis and Gutmann [2]. The name Malakoplakia has been attributed to this condition by Hannsemman, in 1903, from the Greek malakos (soft) and plakos (plaque) that represents its clinical aspect: Friable soft plaques [3].

#### **Etiology and pathophysiology**

Malakoplakia typically affects immunocompromised individuals. Its etiology is poorly understood.

It's thought to be caused by macrophagic bactericidal defect. In fact, deficiencies in beta-glucuronidase and intracellular cGMP lead to impaired phagolysosomal activity and the accumulation of partially digested bacteria in macrophages, recognized microscopically as Michaelis-Gutmann bodies.

Organisms implicated in malakoplakia are gram-negative rods and Escherichia Coli is the most common organism associated with this condition.

Less frequent associations are with Klebsielle, Pseudomonas, Proteus, Enterococcus, Mycobacterium and Salmonelle [3-6].

#### Localization

Malakoplakia occurs mainly in the genito-urinary tract, especially in the bladder [7]. Other localizations may be seen like the skin, gastro-intestinal tract, lungs...

The first extra-urinary localization has been described in 1983 [8].

Breast localization is extremely rare. Few studies have reported Breast Malakoplakia (BM). In our knowledge, our case is the sixth described in the literature [9-12].

Other granulomatous lesions of the breast have been described but in these cases no particular investigations have been performed to confirm or rule out malakoplakia [13,14].

#### **Epidemiology:**

The peak incidence of malakoplakia is in patients over fifty [7].

In our case, the patient was 35 years old. BM has also been described in young female adults in two italian case reports [9,10]. In El Kataibi case report, the patient was 52 years-old [11].

In the urinary tract, there is a female predilection with a female to male sex ratio of 4:1. However, there is no gender pre-

dilection in extra-urinary localizations [1].

In the breast, it seems to be a female predominance of malakoplakia since in all the published cases of breast malakoplakia and in our case, the patient was a female.

#### Patient predisposition

In the literature, it is established that malakoplakia occurs mainly in immunocompromised individuals [15]. Repeated infection should raise suspicion of immunodeficiency.

In the two Italian reports of Di Léo [9,10], BM was related to the puerperal period. In our case, it was a pregnant woman. This can be explained by the weakened immune system during pregnancy and puerperal period.

#### Clinical presentation

Clinical presentation of malakoplakia differs according to the localization.

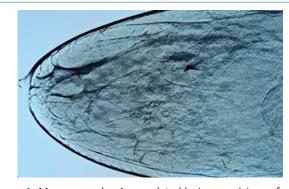
In the skin, all spectrums of lesions may be seen such as nodules, ulceration, papules.

In internal organs, it often presents as a mass or nodule [1].

In the breast, malakoplakia manifests itself frequently as a diffuse mastitis. In El Kataibi report [11] as in our case, the lesion presented as a breast nodule suspicious of malignancy without associated pseudoneoplastic mastitis.

In this same report of El Kataibi [11], the "orange skin" aspect and ulceration raised suspicion of malignancy.

In our case, in which the nodule was discovered incidentally, radiologic aspects as spicules and poorly-defined edges were suspicious of malignancy (Figure 1).



**Figure 1:** Mammography. A speculated lesion suspicious of malignancy is observed in the inner upper quadrant of the breast (arrow's head).

## Diagnosis

Histological examination is the main diagnosis tool. Malakoplakia can be self-limited or diffuse.

Its histological features don't differ according to the localization.

Three stages are described: an initial inflammatory stage, a classic stage with abundant Michaelis-Gutmann bodies and a latest stage with progressive fibrous tissue and scarring.

The lesion is composed of foamy epithelioid histiocytes with

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PAS+ granular eosinophilic cytoplasm. These granules are Michaelis - Gutmann bodies which can be mineralized [15].

It's important to explore the entire speciman to rule out any associated malignancy.

In our case (Figures 2 & 3), the limitation of the lesion and the use of PAS stain allowed to diagnose a benign lesion and not to report an «inadequacy» of the sample.

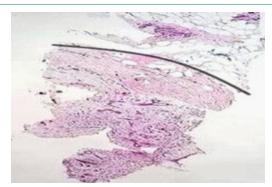
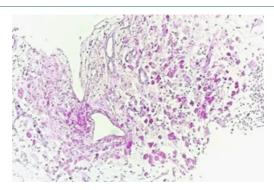


Figure 2: Biopsy. HEx100. The lesion is well defined by a fibrous rim giving a pseudotumoral aspect (black line).



**Figure 3:** Biopsy. Hex200. In a myxoid background, Foamy histiocytes show PAS positive granules in their cytoplasms.

For this purpose, pathologists should be careful in examining inflammatory granulomatous lesions and rule out malakoplakia in order to prevent mutilant treatment while considering the absence of a malignant component of a suspicious mammographic lesion as a «non diagnostic» in the breast biopsy sample.

Although BM may be suspicious of malignancy clinically and radiologically, one should keep in mind these cancer mimickers. A well conducted questioning of the patient looking for infectious history, as well as a history of immunosuppressor treatment or of repeated infections may help diagnose this lesion early.

## Management

There are no standardized treatment guidelines in malakoplakia. In fact, large clinical trials are lacking. Three treatment modalities may be applied including systemic antibiotic therapy, surgical excision and immunity boosting [1].

Medical treatment is the standard treatment modality. It is based on antibiotics such as fluoroquinolones, trimethoprim/sulfamethoxazole, and rifampin for a long period [1]. There is no standard for the duration of treatment.

Immunosuppress or treatment of connective disease or as a part of transplantation process is incriminated in the development of malakoplakia.

Some studies have shown that decreasing or discontinuing Prednisone and Azathioprine in such situations allowed a recovery from malakoplakia [1].

Surgery depends on affected site and is recommended in case of medical treatment failure.

In case of aggressive lesions as it is mainly the case in the urinary system, a surgical treatment have to be considered [16-18].

In our case, the patient received antibiotic therapy by fluoroquinolones (ciprofloxacin 500 mg, twice a day) with ultrasonographic improvement after a 3 month-follow-up.

### **Prognosis**

The outcome of malakoplakia depends on the localization, the extend of the lesion and, also on the immune status of the patient.

If not treated, malakoplakia may lead to chronic disease, but can rarely lead to death [19].

In breast location, a well-established diagnosis is necessary to avoid excessive mutilating treatment and psychological consequences.

#### Conclusion

In conclusion, Malakoplakia is a very rare granulomatous condition that typically occurs in immunocompromised individuals.

Breast location is seldom and may mimic malignancy, leading to excessive mutilating treatment and psychological complications.

BM should be managed by an interprofessional team approach since no clear treatment guidelines are established.

Large clinical trials should be conducted to best characterize therapeutic strategies.

#### **Declarations**

**Acknowledgments:** Author contributions: We would like to thank the staff of the department of pathology, radiology and gynaecology and obstetrics for their contributions in this work.

All authors have made substantial contributions in developing the research idea. All authors also declare that they have read and approved the final version of the manuscript:

MN: conceptualization and writing the presented idea/ YR: drafting the manuscript and submission/ GF: acquisition and analysis of data/ FF: providing imaging data/ TK: designing figures and writing captions/ MI, LB: supervision and verification of the final version of the manuscript.

**Fundings:** No funding was received to assist with the preparation of this manuscript.

**Conflict of interest:** The authors have no conflict of interest to declare.

**Data availability statement:** Data will be made available on request.

**Ethical approval:** This is an observational study. Research Ethics Committee of the military hospital of Tunis has confirmed that this work does not transgress ethics.

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**Consent statement:** Written informed consent was obtained from the patient to publish this report in accordance with the journal's patient consent policy.

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