Abstract

Purpose: Intracardiac flow analysis utilizing non-invasive imaging methods is an increasingly attractive approach to evaluate cardiac function. Ultrasound-based modalities offer a low-cost bedside method to visualize and quantify intracardiac flow dynamics but are currently limited to primarily 2D. This study aims to propose and evaluate a new, novel parameter based on known healthy flow patterns in the Left Ventricle (LV) and 2D velocity field data.

Methods: Blood Speckle Imaging (BSI) was performed on three pediatric patients, one with a structurally normal heart and two with Ventricular Septal Defect (VSD), to obtain the velocity fields of LV flow. Based on the presence of an ellipse-shaped vortex in healthy LV flow, an ellipse with an aspect ratio of 1.7 was used to determine the theoretical angle of flow ($\theta_T$) at each point in the region of interest (ROI). Angle deviation ($\theta_D$) was calculated by taking the absolute difference between $\theta_T$ and the measured angle ($\theta_M$), and the mean $\theta_D$ determined for the entire ROI. Segmental analysis was also performed to investigate potential differences in the mean $\theta_D$ for the four ellipse quadrants.

Results: Patients with VSD exhibited higher $\theta_D$ (75.2 ± 22.3° and 77.6 ± 10.7°) compared to the structurally normal (69.2 ± 16.0°). Segmental analysis demonstrated greater $\theta_D$ in the upper quadrants (Q1/Q2) of the ellipse ROI, which indicates that flow strays from an elliptical path near the mitral valve and left ventricular outflow tract. For the lower quadrants (Q3/Q4), the lowest $\theta_D$ was observed for the structurally normal patient vs. VSDs.

Conclusion: Angle deviation is proposed as a novel flow parameter for evaluation of LV function using 2D ultrasound-based imaging methods. Future work will include an expansion of the patient population and a focus on structurally normal hearts to determine reference values for comparison to cases of cardiac dysfunction.

Keywords: Intracardiac flow; Left ventricular function; Blood speckle imaging; Congenital heart disease.
Introduction

The analysis of intracardiac flows as an approach to evaluate cardiac function continues to grow in interest alongside the emergence of new non-invasive cardiovascular imaging techniques [1-3]. These modalities allow for the detailed visualization and quantification of complex flow dynamics within the cardiac chambers. During diastolic filling, blood enters the Left Ventricle (LV) through the mitral valve and forms vortices that redirect blood toward the left Ventricular Outflow Tract (LVOT) for ejection. Vortices play a key role in the preservation of kinetic energy during the cardiac cycle and their characteristics have been identified as an indicator of cardiac health and function [4-6].

Numerous vortex characteristics and flow parameters have been investigated, such as location and area of the vortex, as well as kinetic energy, energy loss, and circulation [1-7]. While changes in these parameters have been linked to cardiac dysfunction and specific cardiovascular diseases, including cases of Congenital Heart Disease (CHD), their clinical use remains limited [8]. Ultrasound-based imaging modalities are the preferred method for flow analysis due to their low-cost, wide availability, and bedside nature. However, there are often spatial limitations regarding 2D vs. 3D, which may pose challenges with clinical applicability due to blood flow being inherently 3D. This presents an opportunity for the development of a new, novel intracardiac flow parameter based on healthy vortex flow patterns and 2D velocity field data.

In a healthy LV, the vortex is stable and ellipse-shaped [5-9]. This vortex becomes increasingly unstable and circular with LV adaptation, which is believed to induce further remodeling of cardiac tissue. Therefore, it is hypothesized that blood flow exhibits a predictable pattern according to an ellipse, its direction of which can be determined by the tangent to each point along the ellipse. This predictable, or theoretical, direction can then be compared to that measured by a 2D ultrasound-based imaging method to quantify what is proposed as a new LV flow parameter: angle deviation.

The purpose of this study was to present and evaluate angle deviation as a new, novel flow parameter for the evaluation of LV function. It was hypothesized that a higher angle deviation would be observed in cases of cardiac dysfunction or disease as opposed to structurally normal hearts.

Materials and methods

Blood Speckle Imaging (BSI)

BSI is a new angle-independent, ultrasound-based imaging modality that tracks the speckle signal from blood cells across multiple high-speed imaging frames to obtain a velocity field [8,10-12]. Velocities have been validated to a depth of 8 cm [8,10-12]. The BSI modality that tracks the speckle signal from blood cells across multiple high-speed imaging frames to obtain a velocity field was performed offline by GE Medical.

Data analysis

A custom MATLAB program was developed to evaluate angle deviation using BSI velocity field data. The time points at which data was analyzed were chosen based on when the mitral valve was visually determined to be fully opened, and a well-formed vortex was present in the LV cavity. This time-point is approximately mid-diastole. The mean 8D was calculated for the entire LV cavity.

Angle deviation

To determine the theoretical angle at each point in the vortex flow field, an ellipse with an aspect ratio of 1.7 was used to define a Region Of Interest (ROI) and as the basis for calculation. This aspect ratio aligns with the ratio of long- to short-axis length observed for the pediatric left ventricle [13]. The slope of the tangent at a point \([x1,y1]\) on an ellipse with no angle of rotation is given by:

\[
\theta_{M} = \frac{x_1 - a}{y_1 - b} \times \frac{\sqrt{x^2}}{h}
\]

For comparison to the velocity directions from BSI, or the measured angle (\(\theta_{M}\)), the theoretical angles were converted to a range of 0 to 360°. The flow velocity angle deviation (8D) at a single point was then calculated by taking the absolute difference between \(\theta_{T}\) and \(\theta_{M}\) (Figure 1) to give the equation:

\[
\text{Angle Deviation} (\theta_{D}) = |\theta_{T} - \theta_{M}|
\]

To determine \(\theta_{D}\) for an entire ROI (Figure 2A), concentric ellipses are used to obtain \(\theta_{T}\) at all points in the flow field and the mean calculated.
ROI for each patient scan, which was averaged over all scans to provide an overall mean θD for each patient.

Segmental analysis was performed to evaluate the potential influence of nearby cardiac structures on flow patterns and corresponding θD. For example, flow can be observed to deviate from an elliptical path in Figure 2 as blood is redirected toward the LVOT and therefore a higher θD is to be expected in this area of the flow field. This analysis was done by segmenting the LV into four quadrants (Figure 2B), consistent with the coordinate plane system, and evaluating the mean θD for each quadrant.

Results

For the entire ellipse ROI, patients with VSD exhibited higher θD (75.2 ± 22.3° and 77.6 ± 10.7°) compared to the structurally normal patient (69.2 ± 16.0°). Segmental analysis demonstrated the largest θD in the upper quadrants of the ellipse ROI (Q1/Q2) ranging from 69.3-171.8° for Q1 to 31.8-112.0° for Q2. The lowest θD, which also spanned a smaller range, were observed for the lower quadrants (Q3/Q4) with 44.0-72.9° for Q3 and 53.3-73.9° for Q4.

Table 1: Mean flow velocity angle deviations (θD). The lowest θD for the entire elliptical region of interest (ROI) and Q3/Q4 was observed for the structurally normal patient. Segmental analysis demonstrated the highest θD in Q1/Q2, which indicates that flow strays from an elliptical flow near the mitral valve and left ventricular outflow tract.

<table>
<thead>
<tr>
<th></th>
<th>Patient 1 (VSD)</th>
<th>Patient 2 (VSD)</th>
<th>Patient 3 (Normal)</th>
</tr>
</thead>
<tbody>
<tr>
<td>All</td>
<td>75.2 ± 22.3</td>
<td>77.6 ± 10.7</td>
<td>69.2 ± 16.0</td>
</tr>
<tr>
<td>Q1</td>
<td>94.4 ± 97.2</td>
<td>171.8 ± 41.7</td>
<td>69.3 ± 43.2</td>
</tr>
<tr>
<td>Q2</td>
<td>75.1 ± 35.5</td>
<td>31.8 ± 12.2</td>
<td>112.0 ± 33.3</td>
</tr>
<tr>
<td>Q3</td>
<td>57.8 ± 16.8</td>
<td>72.9 ± 77.4</td>
<td>44.0 ± 21.7</td>
</tr>
<tr>
<td>Q4</td>
<td>73.9 ± 28.2</td>
<td>55.7 ± 25.7</td>
<td>53.3 ± 25.5</td>
</tr>
</tbody>
</table>

Focusing on Q3 and Q4 due to the lower θD and therefore more ellipse-shaped flow, the lowest values were observed for the structurally normal patient (44.0 ± 21.7° for Q3 and 53.3 ± 25.5° for Q4). The measured θD for VSD patients were 57.8 ± 16.8° / 72.9 ± 77.4 for Q3 and 73.9 ± 28.2° / 55.7 ± 25.7° for Q4. The standard deviations (SD) in the lower quadrants were comparable for all patients with the exception of an extremely high SD for a VSD patient in Q3.

Discussion

Angle deviation, or θD, has been proposed and evaluated as a new, novel intracardiac flow parameter based on healthy ellipse-shaped flow in the LV. BSI data from three pediatric patients demonstrated the highest θD for patients with VSD. These results indicate that θD may increase alongside disease progression and therefore be a useful indicator for evaluating cardiac function. The θD values were higher than expected which may indicate the need for further refinement of the algorithm such as adjustment of the aspect ratio used for the ellipse and placement of the ROI within the flow field. A focus on structurally normal hearts may provide greater understanding of how the proposed parameter and its evaluation can be optimized before moving to diseased cases where flow is less predictable.

Segmental analysis indicated that flow does not follow an ellipse-shaped pattern in all areas of the ROI and is influenced by nearby cardiac structures. This is primarily relevant during filling as the transmirtal jet enters the LV or ejection into the LVOT. Therefore, θD will be most applicable for evaluating flow in the lower quadrants of the ROI. Using Q3/Q4, this study demonstrates that patients with VSD exhibited higher θD based primarily on 2D ultrasound-based imaging data which may expand the clinical applicability of intracardiac flow analysis.

A primary limitation of this study is that direct synchronization of BSI and ECG data is not available from the ultrasound machine. This presents difficulties with analyzing the velocity fields at distinct time points in the cardiac cycle. Techniques such as tracking of the mitral valve leaflets or LV wall may be employed in the algorithm to overcome this limitation and improve upon the method of visual determination used in this study.

Future work will include expansion of the patient population, including both structurally normal and cases of CHD, with an emphasis on structurally normal hearts in order to define reference values for comparison to diseased states.

Declarations

Funding: This research was funded by the University of Arkansas for Medical Sciences and the Arkansas Research Alliance.

Conflicts of interest: The authors declare no potential conflicts of interest.

Ethics approval: This study was approved by the Institutional Review Board of the University of Arkansas for Medical Sciences. All procedures adhered to the ethical standards set forth by the Declaration of Helsinki.

Consent to participate: Informed consent was obtained from legal guardians of all participants included in the study.

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References


