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Occult type Ib endoleak not identified on imaging study as a cause of sac expansion refractory to treatment for recurrent type II endoleak

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Abstract

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Introduction

As the management of abdominal aortic aneurysm advanced, Endo Vascular Aneurysm Repair (EVAR) has become popular since its introduction in 1986 [1-3]. It has benefit of less invasive, short hospital stay over open repair [4]. The major randomized control trials comparing open and endovascular repair of abdominal aortic aneurysm presented a remarkable benefit of endovascular repair with 30-day operative mortality [5-7]. However, endograft related complications, such as endo leak and migration following EVAR, require long-term surveillance due to the risk presented from the DREAM trial [8]. Endo leak significantly could cause post-EVAR rupture and patient death [9]. Thus, post-EVAR long-term surveillance of endoleak has become obligatory. We report a case of sequential occurrence of type II endoleak from inferior mesenteric artery and lumbar artery. Repetitive embolization of several causes could not prevent sac growing. Unsuspected endoleak in preoperative evaluation was identified in operative field and open repair

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was performed successfully.

A 67-year old man with a history of abdominal mass with pulsation since 5 years ago had increment of size of abdominal aortic aneurysm in CT scan. He had infra-renal type of aortic aneurysm with aneurysm of right common iliac artery. The maximal sac size of aneurysm had increased from 3.2 cm in 2007 to 5.7 cm in 2012. The proximal neck was 21 mm in diameter and 28 mm in length with angulation. He had been implanted with a Zenith bifurcated endograft (Cook Inc, Bloomington, Ind) and had right internal iliac artery embolization. Final angiography showed no significant endoleak from right internal iliac artery and other arteries.

We report a case of serial occurrence of different type II endoleak from inferior mesenteric artery and lumbar artery. Despite repeated interventions, gradually expanding aneurysmal sac was eventually followed by impending rupture. In the end, the patient required open repair that revealed the type Ib endoleak which is not identified in CT scan or ultrasonography previously. The patient has been without any specific findings for 5 years without recurrence. **Citation:** Yoo KC, Lee T. Occult type Ib endoleak not identified on imaging study as a cause of sac expansion refractory to treatment for recurrent type II endoleak. J Clin Images Med Case Rep. 2023; 4(2): 2280.

The CT scan in POD 3 weeks showed focal contrast extravasation outside the stent, and it was doubt of endoleak; type II or type III. As there had not been any increment of sac size, close observation was done.

Every 6 months, patient had been checked with CT scan, and the size of aneurysmal sac had increased from 5.6 cm in Oct 2012 to 6.5 cm in Sep 2014. Due to endoleak from inferior mesenteric artery (Figure 1a). Second operation was planned to emboli the inferior mesenteric artery. Coil embolization of inferior mesenteric artery was done through the superior mesenteric artery (Figure 1b). Final angiography of secondary operation showed no significant endoleak in aneurysmal sac (Figure 1c).



Figure 1: First intervention for type II endoleak from inferior mesenteric artery.

(a). Type II endoleak from inferior artery in CT Scan (b). Collateral flow from SMA to IMA in angiography (c). Coil embolization in IMA

After the 6 months from secondary operation, follow up CT scan showed slight increment of aneurysmal sac from 6.5 cm to 6.7 cm. There had not been endoleak from inferior mesenteric artery due to coil embolization, but endoleak from lumbar artery was suspected. The size of sac had gradually grown from 7.5 cm in Oct 2016 to 8.5 cm in Apr 2017. The coil embolization of lumbar artery was planned to prevent sac growth in May 2017 (Figure 2).



Figure 2: Secondary intervention for type II endoleak from lumbar artery. **(a).** Type II endoleak from lumbar artery in CT Scan **(b).** Colateral flow from lumbar artery in angiography **(c).** Coil embolization in lumbar artery.

After the tertiary operation, he had been checked CT scan in other clinic. It showed the growth of sac and endoleak of type II and IV. The possibility of sac enlargement by stent graft endo-tension could not be ruled out. So, Aorto-uniiliac EVAR (Left), embolization of the right limb was done with Aplatzer Vascular plug and Femoral-femoral artery bypass (Left to Right) was performed in Mar 9 2018. On the follow up CT, sustained endoleak of type II from lumbar artery was observed and direct puncture embolization to lumbar artery was done in Jun 01, 2018 (Figure 3). Follow up CT scan from 6 months after 4th operation showed increment of sac size from 8.5 cm to 10 cm due to the sustained endoleak. Eventually, he underwent open repair with removal of previous endograft. In operative findings, cross-clamping of infra-renal artery was impossible for severely enlarged aneurysmal sac, so we clamped the suprarenal artery. In the aneurysmal sac, there were multiple endoleak from lumbar artery and they were ligated with prolene 5-0.



Figure 3: Tertiary intervaention for type II endoleak from other lumbar artery. **(a).** Type II endloeak from other lumbar artery in CT Scan. **(b).** Direct embolization through retroperitoneal approach.

Interestingly, we could find occult type Ib of endoleak from right internal iliac artery which was occluded (Figure 4a) and unexpected several bleeders from arteriole of aneurysmal wall (Figure 4b) and, so it was ligated and closed with prolene 2-0. For bleeding control, reduction of aneurysmal wall was performed by using harmonic scalpel. We removed endo-graft except graft of left iliac limb and replace with Y-shaped PTFE graft which of right limb was resected and closed from infrarenal aorta to left iliac limb graft by end-to-end anastomosis (Figure 4c). On the color Doppler and ankle-brachial indexafter the operation, there were not abnormal findings including endoleak.



Figure 4: Operative field in open repair. (a). Type 1b endoleak from rt.int iliac artery. (b). Bleeding from arteriole of aneurysmal wall. (c). Final anastomosis

Discussion

Reduction of aneurysmal sac size is remarkable indication of the success of endograft treatment [10-13]. Mandatory post-EVAR surveillance is required to identify the aneurysmal sac and prevent the stent related complications.

Type II endoleak due to collateral flow of inferior mesenteric artery and lumbar artery showed benign progress which resolved spontaneously, whereas some experts consider it as a cause of late rupture [14]. First, type II endoleak alone is managed conservatively. Rarely, aneurysmal sac which has grown gradually after implantation of endograft requires embolization or ligation. In the presence of type II endoleak, there was observed in increment of sac size [15]. Although rupture due to the endoleak type II was uncommon and unpredictable, it shows the unclear indication when to intervene for prevent rupture [16]. As serial surveillance for enlargement of sac was prevent to rupture and determine the timing of intervention.

In our case, aneurysmal sac enlargement occurred with different types of endoleak that persisted in different time despite several attempts. Eventually, repair method had changed from endovascular to open. Repetitive different types of endoleak cause enlargement of aneurysmal sac, so it needs to repair with open methods. Moll and colleagues [17]. Recommended intervention with increased diameter of 10 mm or more, and open repair if endovascular repair fails (level II b).

The intervention for type II endoleak contains trans-arterial embolization with the aim of catheterizing the inferior mesentery artery or lumbar arteryand trans-lumbar embolization through the retroperitoneum. Type II endoleak was rarely treated with direct sac puncture and laparoscopic ligation. Aziz and colleagues [18] reported the incidence of persistent or recurrent endoleak after embolization was up to 74% in CT scan despite the intervention was judged to be successful.

Michael and colleagues [19] said that occult type I or III endoleak could hide the endoleak resolution itself, so suspicion of delayed or occult type I or III endoleak was recommended in the failure of repairing type II endoleaks and sac growth.

We recommend that the patient with persistent endoleak despite the single or repeated percutaneous endovascular treatment needs definitive treatment of the occult type II endoleak for contributing to the absence of aneurysm rupture and aneurysm-related mortality. Also, we have to doubt that unresolved aneurysmal sac could have other types of endoleak which was not observed in surveillance including ultrasonography or CT scan.

Conflict of interest: None.

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