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Human umbilical cord blood-derived mesenchymal stem cells therapy for cerebral infarction in animal model: A meta-analysis

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Abstract

Aim: Cerebral infarction (CI) is a serious cerebrovascular infarction disease. In recent years, the use of human umbilical cord blood-derived mesenchymal stem cells (hUCB-MSCs) has received attention as a new alternative for treating CI in animal model. This systematic review evaluated the efficacy and safety of hUCB-MSCs, using as a treatment in improving functional recovery of CI in animal model.

Methods: Electronic databases through July 5, 2023 were searched to identify relevant studies that controlled hUCB-MSCs treatment studies focusing on CI in animal model. We independently selected and assessed the relevant studies.

Results: 27 studies that fulfilled the inclusion criteria were included. Compared with control group, significant beneficial effects were observed in hUCB-MSCs group regarding the neurological deficit scores (mean difference [MD]: -1.57, 95% confidential interval [CI]: -2.06, -1.08, $P < 0.00001$), infarct size (MD: -2.82, 95% CI: -4.14, -1.49, $P < 0.0001$).

Conclusions: The results indicated that hUCB-MSCs treatment can promote functional recovery and reduce infarction for CI in animal model.

Keywords: Cerebral infarction; Human umbilical cord blood-derived mesenchymal stem cells; Effectiveness; Meta-analysis.

Introduction

Cerebral infarction (CI) is a serious cerebrovascular infarction disease, which refers to a clinical event in which circulatory disturbances in the cerebral arteries lead to tissue ischemia and hypoxia and cause cerebral dysfunction rapidly [1]. CI has a high incidence, mortality and disability rate, and it has become a common disease that threatens human health and life expectancy [2,3]. The American Heart Association estimates that by the year 2030 there will be an increase adults developing stroke

in the United States, a projected increment of 20.5% from 2012 [4]. Despite vigorous studies published during the last decades, treatment opportunities are still limited. At present, there are many therapeutic methods for CI, including antiplatelet therapy, anticoagulant therapy, brain protective agents, intravenous thrombolysis, intravascular thrombolysis and so on [5]. Among them, intravenous thrombolysis and intravascular thrombolysis are the most effective methods to treat patients with CI [6,7], but they are limited by a narrow time window. Within this time window, therapeutic efficacy is reduced continuously, accompa-

nied by an increasing probability of serious complications such as hemorrhages [8]. Once brain cells die, the damage to the central nervous system is permanent. Therefore, these methods are suboptimal for functional recovery after injury.

Mesenchymal stem cells (MSCs) exist in almost all tissues, including spleen, muscle, bone marrow, placenta, dermis, umbilical cord, and so on [9]. Placenta and umbilical cord are known as the abundant sources of MSCs [10]. When a population called the umbilical cord matrix MSCs is isolated for the first time, it is demonstrated that these cells have the ability of self-renewal and high proliferation [11]. Moreover, in vitro, MSCs do not induce proliferative response of allogeneic lymphocytes, because they are not immunogenic. According to the available evidence, human umbilical cord blood-derived mesenchymal stem cells (hUCB-MSCs) have remarkable characteristics including availability, being immunosuppressive, differentiation to other cell lines, being easy to isolate and expand, being safe from malignant formation, and the possibility of auto-graft and allograft which make them a better candidate for clinical applications of stem cell-based therapies [13]. In recent years, the use of hUCB-MSCs has received attention as a new alternative for treating CI in animal model. Many animal studies have shown that MSCs have great potential to serve as therapeutic agents for stroke treatment. MSCs in an ischemic area of the rat brain can differentiate into nerve cells and improve the recovery of nerve function [14,15] and it can improve neurological deficits in stroke [16]. A study [17] also proved that the transplanted umbilical cord stem cells in an animal model of stroke improved the neurological deficits through the secretion of neurotrophic growth factors. Another study [18] demonstrated that intravenous administration of hUCB-MSCs after stroke can reduce infarction. However, the design projects, including hUCB-MSCs type, dose, number, route, and time interval, in each research are so different that the final therapeutic effect is difficult to evaluate. As a result, the best way of hUCB-MSCs therapy remains unclear.

Therefore, we performed this meta-analysis to evaluate the efficacy and safety of hUCB-MSCs as a treatment in improving functional recovery of CI in animal model, to determine if the evidence from the animal studies of hUCB-MSCs supports its use in clinical practice.

Materials and methods

Literature search and inclusion criteria

Two researchers independently and systematically searched numerous electronic bibliographic databases, including PubMed, Embase, and Wanfang, and China National Knowledge Infrastructure by the end of July 5, 2023. There were no restrictions on the language of publication in this search. This article was performed through using relevant guidelines [19] to select relevant studies between hUCB-MSCs and cerebral infarction. The following searching strategy was used: ("cerebral ischemia" OR "cerebral infarctions" OR "ischemic stroke" OR "ischemic cerebrovascular disease") AND ("human umbilical cord blood-derived mesenchymal stem cells" OR "umbilical cord blood mesenchymal cells" OR "hUCB-MSCs"). During the retrieval process, the two researchers independently searched and cross-checked the result, and discussed in disagreements, and the third researcher consulted if necessary.

Inclusion criteria: (1) Studies on animal model without restriction of species, sex, and modeling methods; (2) The treatment group received monotherapy with hUCB-MSCs, and the control group received the same amount of nonfunctional substances or no treatment; and (3) Studies evaluating the effect of hUCB-MSCs therapy CI in animal model, such as the neurological deficit scores and infarct size.

Exclusion criteria: (1) Studies in vitro studies and human subjects; (2) Studies combined with other therapies; (3) Studies lacked relevant data; (4) Studies without a separate control group; and (5) Case reports, reviews, and duplicate publications.

Data extraction and methodological quality appraisal

To determine if a study should be included, two researchers independently searched the retrieved studies. We extracted the relative data using the pre-designed table and cross-checked the results. When faced with conflicts, we together discussed, and the third researcher negotiated if necessary. For each study, the following data were extracted: first author, year of publication, animal characteristics (species, sex, age), intervention details (dose, number, timing and route of hUCB-MSCs transplantation), follow-up visit (observation time of outcomes after hUCB-MSCs therapy), measured the correlation with our primary outcomes, and research type. If only figures were presented in some studies, GetData Graph Digitizer software version 2.22 was used to extract the data. According to the Cochrane Handbook for Systematic Reviews of Interventions (CHSRI) [20], we chose to combine the results of different subgroups into one treatment group for analysis to address the issue of the classification of the therapeutic drugs into subgroups in the original study.

We assessed the quality of the animal studies using the SYstematic Review Center for Laboratory animal Experimentation (SYRCLE) risk-of-bias tool [21]. The assessment content covered deviations in ten areas, and each item was scored as one point. Each item was as follows: (a) sequence generation, (b) baseline characteristics, (c) allocation concealment, (d) random housing, (e) blinding (for animal breeders and researchers), (f) random outcome assessment, (g) blinding (for outcome evaluator), (h) incomplete outcome data, (i) selective outcome reporting, and (j) other sources of bias. Disagreements between the researchers were discussed and resolved through a discussion with the third researcher (Tao Wang).

Data analysis

All data were meta-analyzed using RevMan 5.4 provided by Cochrane collaboration. All variables were continuous data, and a standard deviation (SD) and 95% confidence interval (CI) were used to indicate the effect size. Statistical heterogeneity was expressed by I^2 statistics. When I^2 statistics was less than 50%, heterogeneity was small and acceptable, and we used the fixed effect model for meta-analysis. When I^2 statistics was more than 50%, heterogeneity was relatively large, and then the reason for high heterogeneity can be speculated by sensitivity analysis or subgroup analysis. Meanwhile, the random effect model can be used for meta-analysis. Funnel plots were used to examine for any potential publication bias in the studies.

Results

Description of studies

The detailed selection process was illustrated in Figure 1. We initially searched 245 literatures during the searching of electronic database. Among them, 218 literatures were excluded after an intensive screening of the titles, abstracts, and the full text of relevant studies and so on. Finally, 27 articles [22-48] were included, including 14 Chinese [22-35] and 13 English articles [36-48].

All animal models included in the studies were rats, mice, rabbits or beagles, including non-rodents (rabbits and beagles) used in 3 studies [28,37,39] and rodents (rats and mice) used in 24 studies. In terms of gender, 1 study [37] was not mentioned, one study [40] was male and female animal model, and the rest were male animal model. 4 studies [22,36,40,43] mentioned the age of the experimental animals, ranging from postnatal day 12 to 3-4 months, and 12 [25,29-31,37,38,41,42,44-46,48] studies mentioned the animals as adult. In addition, the data representing the dose, transplantation number and transplantation time of hUCB-MSCs were different among studies. In terms of transplantation route, there are tail vein, femoral vein, intranasal, intracerebral, basilar artery, intrathecal, penile vein, and intracarotid artery. Except for 2 studies [36,41] that didn't mention it, the time of the last outcomes ranged from 24 hours to 6-7 weeks. Regarding primary outcomes, 15 studies reported infarct size, 24 reported the neurological deficit scores, including NSS, Purdy, mNSS, Zea-Longa and Rotarod test. Detailed characteristics of the included studies were listed in Table 1.

Methodological quality of included studies

Each risk of bias item of all articles was shown in Figure 2. None of the studies fulfilled all ten criteria for low risk of bias. Of the 27 included studies, 23 studies described the methods used to generate the allocation sequence, while 4 studies [36,37,44, 47] lacked information about this process, and the risk of bias was judged to be "unclear risk" (a). Studies demonstrated similar baseline characteristics between the hUCB-MSCs group and control group (b). Because of the special properties of hUCB-MSCs administration, it was difficult for researchers to achieve a blinding procedure when acquiring hUCB-MSCs, although this wasn't influence the experimental results. The risk of bias was unclear for all articles across the domains of allocation concealment, random animal housing, and random outcome (c,d,e,g). In terms of randomization and blinding of outcome evaluation, 4 studies [24,25,48] described that animals were not randomly selected to assess outcomes, defined as "high risk". And the remaining studies were defined as "unclear risk" (f). Incomplete results data were adequately treated in almost all studies (h). Regarding the reporting of biases, no risk was identified in the selected studies (i). Other potential sources of bias weren't identified in any of the articles (j).

Data analysis

Effects on the neurological deficit scores

The neurological deficit scores were measured in most studies included in our review. As shown in Figure 3, the MD was -1.57 (95% CI: -2.06, -1.08, $P<0.00001$), suggesting significant lower the neurological deficit scores in the hUCB-MSCs group compared to the control group. Because of the high heterogeneity ($I^2=92\%$, $P<0.00001$), we used the sensitivity analysis, and we did not find a reason for the high heterogeneity. Accord-

ing to the different of the neurological deficit scores items, the objects of study were classified into NSS (MD: -3.09, 95% CI: -5.19, -1.00, $P=0.004$), Purdy (MD: -0.76, 95% CI: -1.46, -0.06, $P=0.03$), mNSS (MD: -1.97, 95% CI: -2.72, -1.21, $P<0.00001$), Zea-longa (MD: -0.75, 95% CI: -0.96, -0.55, $P<0.00001$), and Rotarod test (MD: 12.06, 95% CI: 8.37, 15.76, $P<0.00001$) (Figure 4).

Effects on infarct size

Compared to the control group, the infarct size was significantly decreased in the hUCB-MSCs group as shown in Figure 5 (MD: -2.82, 95% CI: -4.14, -1.49, $P<0.0001$).

Because of the high heterogeneity ($I^2=98\%$, $P<0.00001$), we used the sensitivity analysis, and we didn't find a reason for the high heterogeneity. According to the different animal species, the objects of study was classified into rodents (MD: -14.51, 95% CI: -20.27, -8.75, $P<0.00001$), and non-rodents (MD: -0.08, 95% CI: -0.36, -0.21, $P=0.60$) (Figure 6).

Publication bias

In terms of the neurological deficit scores, we found no publication bias in the meta-analysis (Figure 7). In terms of infarct size, it likely affected by publication bias (Figure 8). One included studies [48] mainly causes publication bias. We searched all published articles as thoroughly as possible, but publication bias was still unavoidable. After analysis, we found that the objects of this study were rodents, and subgroup analyses suggested that animal species may be the source of heterogeneity. There was no special effect on infarct size for CI in animal model whether it was rodents or not, so it has no major impact on the research results of this article.

Discussion

Over the years, many epidemiological studies have been published on hUCB-MSCs therapy for CI in animal model. Laboratory animals are widely used to evaluate the medication's efficacy. The biological similarity to humans is one of the most important characteristics of laboratory animals such as mice and rats [49]. Thus, in most experimental CI studies, these animals are preferred. Our meta-analysis evaluated the efficacy and safety of hUCB-MSCs therapy for CI in animal model. The results indicated that hUC-MSCs treatment can promote functional recovery and reduce infarction in animal model of CI. This will provide more possibilities for hUCB-MSCs therapy in pre-clinical studies of CI.

At present, the exact mechanism of hUCB-MSCs therapy for CI in animal model remains unclear. It may be in the following ways: (1) Angiogenesis and vascular stabilization [17]: Treatment of CI in animals model with hUCB-MSCs increase the expression of endogenous angiogenic factors, enhance the proliferation of vascular endothelial cells, and promote the regeneration of blood vessels in ischemic brain tissue [50]. Studies have found that hUCB-MSCs treatment increased expression of Angiopoietin-1, contribute to vascular remodeling in the ischemic brain which plays an important role in functional outcome after CI [39,51]. (2) Peripheral immune inflammatory response [40]: During cerebral ischemia, damaged cells and extracellular peroxiredoxin activate infiltrate macrophages, leading to the release of inflammatory cytokines such as interleukin (IL)-1. Therefore, injured brain cells and impregnated leukocytes produce various inflammatory cytokines and mediators that aggravated post-ischemic inflammation and injury [52]. HUCB-MSCs

Table 1: Characteristics of included studies.

Study ID	Animal model	Dose, number; timing of transplantation	Transplantation route	Observation time of outcomes	Primary outcomes	Research type
Xiaolan Chen [22] 2007	3 month old male SD rats	3×10^6 /ml; single injection; 30 minutes after molding	Tail vein	28 days	Zea-longa; infarct size	RCT
Lei Du [23] 2008	Healthy male SD rats	3×10^6 /ml; single injection; 24 hours after MCAO	Intracerebral	28 days	mNSS	RCT
Dicheng Zhao [24] 2012	Male SD rats	5×10^6 /cells; single injection; 30 minutes after molding	Tail vein	28 days	Zea-longa; infarct size	RCT
Ying Zeng [25] 2013	Healthy adult male rats	3×10^6 /ml; single injection; 24 hours after molding	Tail vein	28 days	mNSS	RCT
Liping Shen [26] 2013	Male SD rats	NR; multiple injection; 24 hours after molding	Intranasal	14 days	mNSS	RCT
Zhengzheng Wu [27] 2014	Male mouse	4×10^6 /ml; single injection; 30 minutes after molding	Tail vein	7 days	NSS; infarct size	RCT
Yao Zhu [28] 2014	Healthy male rabbits	5×10^6 /cells; single injection; immediately after molding	Femoral vein	14days	Purdy	RCT
Pengdian Chen [29] 2014	Healthy adult male SD rats	1×10^6 /μl; single injection; 24 hours after molding	Intracerebral	28 days	mNSS	RCT
Min Pi [30] 2014	Adult male SD rats	1×10^5 /μl; single injection; 2 days after molding	Intracerebral	28 days	mNSS	RCT
Liang Hou [31] 2016	Adult male SD rats	1×10^6 /cells; single injection; 10 minutes after molding	Tail vein	28 days	mNSS	RCT
Jingjing Zhou [32] 2016	Healthy male SD rats	1×10^6 /cells; single injection; 10 minutes after molding	Tail vein	14 days	Purdy	RCT
Haili Huang [33] 2017	Healthy male rabbits	1×10^9 /m; single injection; 24 hours after molding	Femoral vein	14 days	NSS; infarct size	RCT
Meng Li [34] 2019	Male SD rats	1×10^6 /cells; single injection; 2 days after molding	Tail vein	14 days	mNSS;	RCT
Songhe Yin [35] 2023	Male SD rats	1×10^6 /cells; single injection; 24 hours after molding	Tail vein	7 days	mNSS	RCT
Mäkinen S [36] 2006	Male Wistar rats (3–4 months)	1.5×10^7 cells; single injection; 24 hours after MCAO	Intravenous	NR	Infarct size	NR
Chung DJ [37] 2009	Ten adult beagles	1×10^6 /ml; single injection; 1 day after molding	Basilar artery	14 and 28 days	Purdy; infarct size	NR
Lim JY [38] 2011	Seventy-four adult male rats	1×10^5 , 5×10^5 , 1×10^6 cells; single injection; NR	Tail vein and intrathecal	28 days,	Rotarod test; infarct size	RCT
Guan YM [39] 2014	Male rabbits	1×10^6 /ml; single injection; several minutes after MCAO	Femoral vein	14 days	NSS; infarct size	RCT
Tsuji M [40] 2014	postnatal day 12 male and female-mouse pups	1×10^5 cell; single injection; 48 hours after stroke	Femoral vein	6 and 7 weeks	Rotarod test, infarct size	RCT
Womble TA [41] 2014	Adult male SD rats	1×10^6 cells; single injection; 48 hours post-MCAO	Penile vein	NR	Infarct size	RCT
Zhao Q [42] 2015	Adult male rats	1×10^4 cells/cm ² ; multiple injection; 24 hours after MCAO	Intranasal	14 days	mNSS; infarct size	RCT
Cheng Q [43] 2015	6–7-week-old male mice	4×10^6 /ml; single injection; 30 minutes after molding	Tail vein	7days	NSS	NR
Park HW [44] 2015	Adult male SD rats	5×10^5 cells; single injection; 48 hours after MCAO	Intracerebral	28 and 30 days	Rotarod test; infarct size	NR
Park HW [45] 2017	Adult male SD rats	5×10^5 cells; single and double; 2 and 9 days after MCAO	Intracranial	28 days	Infarct size	RCT
Nalamolu KR [46] 2019	Healthy adult male SD rats	NR	Tail vein	7 days	mNSS	RCT
Ramdan M [47] 2021	Wistar male rats	NR; 24 h after the MCAO	Intracranial	24 hours	mNSS; infarct size	NR
Zhai QY [48] 2022	Adult male SD rats	1×10^6 /ml; single injection; immediately after reperfusion	Intra-arterial	7days	mNSS; infarct size	RCT

NSS: Neurological severity scores; RCT: Randomized controlled trial; mNSS: Modified neurological severity scores; SD: Sprague–Dawley; MCAO: Middle cerebral artery occlusion; NR: Not reported; Follow-up (days) suggests the observation time of outcomes after mesenchymal stem cell administration

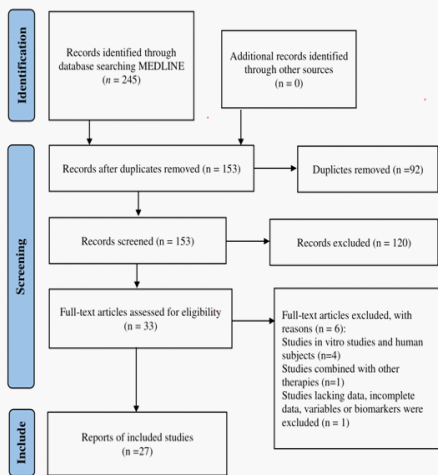


Figure 1: Flow diagram for selection of studies.

	sequence generation	baseline characteristics	allocation concealment	random housing	blinding (for animal breeders and researchers)	random outcome assessment	blinding (for outcome evaluator)	incomplete outcome data	selective outcome reporting	other sources of bias
Cheng Q 2015	+	+	?	?	?	?	?	?	+	+
Chung DJ 2009	+	+	?	?	?	?	?	?	+	+
Dicheng Zhao 2012	+	+	?	?	?	?	?	?	+	+
Guan YM 2014	+	+	?	?	?	?	?	?	+	+
Haili Huang 2017	+	+	?	?	?	?	?	?	+	+
Jingling Zhou 2016	+	+	?	?	?	?	?	?	+	+
Lei Du 2008	+	+	?	?	?	?	?	?	+	+
Liang Hou 2016	+	+	?	?	?	?	?	?	+	+
Lim JY 2011	+	+	?	?	?	?	?	?	+	+
Liping Shen 2013	+	+	?	?	?	?	?	?	+	+
Mäkinen S 2006	+	+	?	?	?	?	?	?	+	+
Meng Li 2019	+	+	?	?	?	?	?	?	+	+
Min Pi 2014	+	+	?	?	?	?	?	?	+	+
Nalamolu KR 2019	+	+	?	?	?	?	?	?	+	+
Park HW 2015	+	+	?	?	?	?	?	?	+	+
Park HW 2017	+	+	?	?	?	?	?	?	+	+
Pengdian Chen 2014	+	+	?	?	?	?	?	?	+	+
Ramdan M 2021	+	+	?	?	?	?	?	?	+	+
Songhe Yin 2023	+	+	?	?	?	?	?	?	+	+
Tsuji M 2014	+	+	?	?	?	?	?	?	+	+
Womble TA 2014	+	+	?	?	?	?	?	?	+	+
Xiaolan Chen 2007	+	+	?	?	?	?	?	?	+	+
Yao Zhu 2014	+	+	?	?	?	?	?	?	+	+
Ying Zeng 2013	+	+	?	?	?	?	?	?	+	+
Zhai QY 2022	+	+	?	?	?	?	?	?	+	+
Zhao Q 2015	+	+	?	?	?	?	?	?	+	+
Zhengzheng Wu 2014	+	+	?	?	?	?	?	?	+	+

Figure 2: The methodological quality of included studies. Symbols used: +: low risk; ? : unclear risk; - : high risk

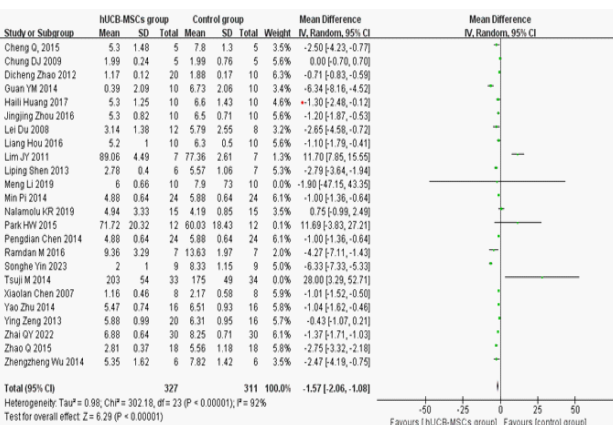


Figure 3: Forest plot comparing the neurological deficit scores in the hUCB-MSCs group compared to the control group.

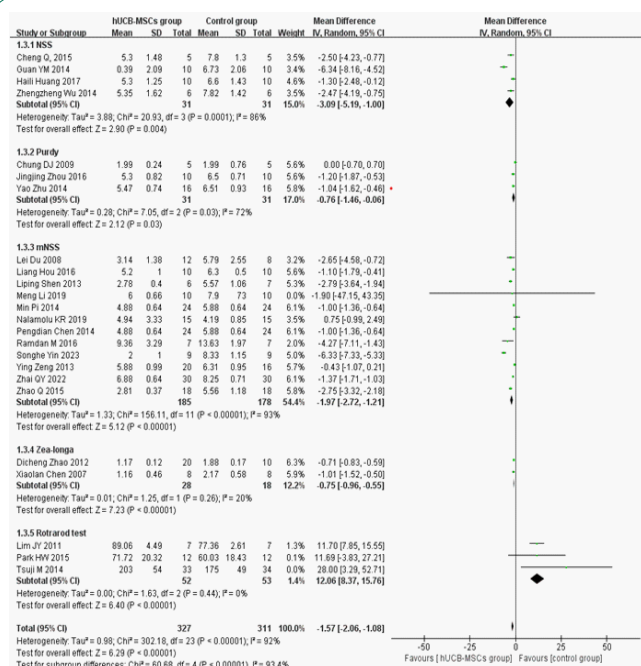


Figure 4: Subgroup analysis comparing the neurological deficit scores in the hUCB-MSCs group, compared to the control group.

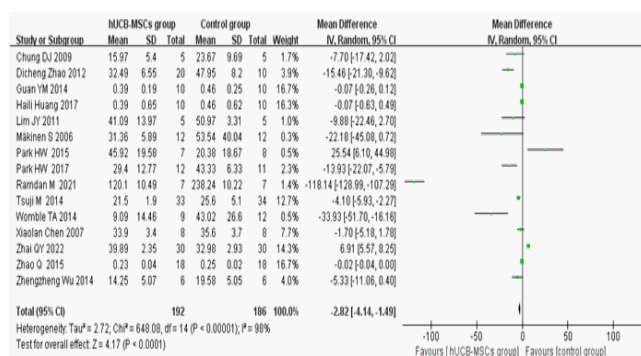
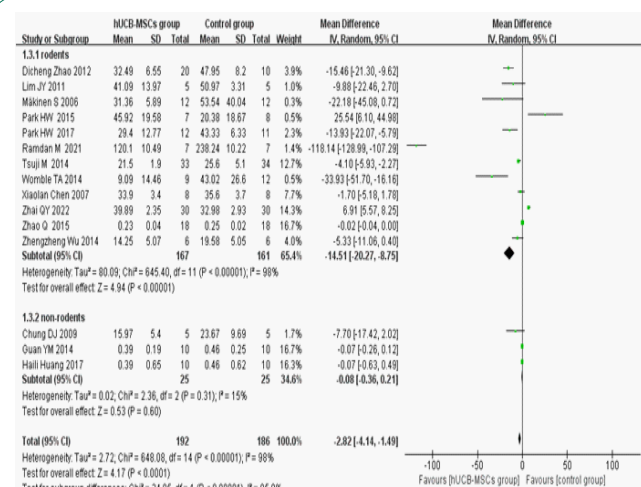


Figure 5: Forest plot comparing the infarct size in the hUCB-MSCs group compared to the control group.



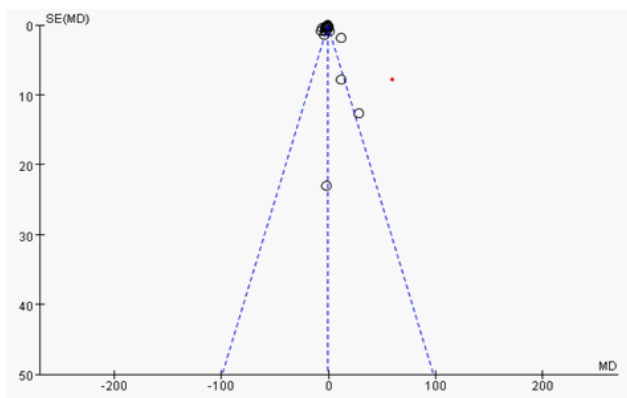


Figure 7: Funnel plot (the neurological deficit scores).

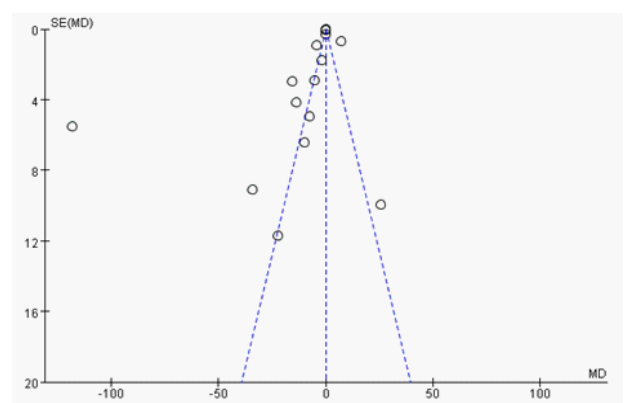


Figure 8: Funnel plot (infarct size).

treatment can significantly reduce the increase of serum IL-1 β , and IL-6 caused by cerebral ischemia, increase the content of anti-inflammatory cytokine in serum and focal ischemic brain tissue, and alleviate local immune inflammatory response [53, 54]. (3) Inhibit apoptosis: When brain tissue is damaged, excitatory amino acids are secreted into extracellular fluid in large quantities, and free radical damage caused by oxidative stress persists. Animal studies [55] have confirmed that hUCB-MSCs transplanted into cerebral ischemia-reperfusion rabbits can significantly reduce nerve cell death and significantly restore nerve function in cerebral tissue in focal ischemic area (4). Nutritional support mechanism: hUCB-MSCs release neurotrophic factors to support the survival of surviving cells in the ischemic penumbra, repair synaptic function and promote angiogenesis [56].

Usually, animal studies are relevant to clinical application and used to evaluate the efficacy and safety of hUC-MSCs therapy. In Guan YM [41] study, no influence was found on complete blood counts, serum glucose, liver function or renal function in middle cerebral artery occlusion (MCAO) rabbits at 24 h and 2 weeks after transplantation, suggesting that intravenous infusion of hUCB-MSCs was safe for rabbits in the short-term. As far as we know, several clinical trials have been conducted to explore the potential benefits of hUCB-MSCs transplantation for CI patients [57,58]. A phase clinical trial [57] reported that an adult patient with hemiplegia due to ischemic stroke significantly improved within 12 months after receiving allogeneic hUCB-MSCs therapy. Except for 1 case of hypothermia in treatment group, the transplanted route of up to 3×10^7 cells MSCs was safe in 100 patients with CI. In the patient with a fever, the symptoms were quickly relieved after symptomatic treatment. Another clinical trial [58] indicated that 30 ml of hUCB-MSCs is injected once every 5 days for a total of six times, which improved the symptoms of CI patients after 1 month. Even though in these clinical trials,

hUCB-MSCs therapy is a generally safe and promising candidate to slow the disease progression. The success of hUC-MSCs therapy is partly reliant on the appropriate method and timing of hUCB-MSCs injection. Study [44] indicated that hUCB-MSCs by lumbar puncture intrathecal injection was an attractive and potentially successful method and may be a clinically feasible means of providing less invasive and repeatable transplantation therapy, but this method of injection was known to be more invasive than intra-arterial or intravenous methods, and therefore, clinical application seems to be implausible at this point. Intravenous infusion of cells is comparatively the least invasive approach [59]. Furthermore, beneficial effects of hUC-MSCs administered within 72 hours after MCAO are clearly shown. The failure to induce sustained functional recovery, lesion size reduction, and limitation of glial scarring in animals treated 120 h following MCAO and thereafter indicates a time window of at least 72 h for efficient cell application [60]. Regardless of the type of donor, intra-parenchymal administration of hUCB-MSCs results in significant therapeutic effects in the ischemic brain [42]. However, the sample size of this subgroup analysis is small, and there may be false-positive or false-negative conclusions

We attempted to explore the heterogeneity from animal species, intervention details, follow-up visit, measured the correlation with our primary outcomes, and so on. According to subgroup analysis, we found that the possible contributor of heterogeneity was the animal species and different scales of nerve deficit score. We haven't found that the likely contributors to heterogeneity were the animal model, hUCB-MSCs type, hUCB-MSCs dose, and so on. Our study also had some advantages. First, the inherent advantages of meta-analysis were seen. It overcame selective and potentially biased inclusion studies and weighing of studies results when explaining the evidence. This made the combined results even more reliable and convincing. Secondly, we performed a systematic literature search, comprehensive data collection, which can improve the accuracy of our findings. Finally, the main results about neurological deficit scores and infarct size could provide vital insight into the future study. It was of great significance for finding a new way to treat CI. However, the limitations of our study should be admitted. Firstly, due to the differences in the design, the results of the combined analysis may not be rigorous. Secondly, the included studies were limited to those that had been published. The outcomes will be altered when undocumented data are published. As expected, studies reporting positive results were easier to publish, especially in animal studies. Finally, considerable heterogeneity remained in the studies evaluated in the subgroup analysis, because it is usually difficult to avoid heterogeneity. In addition, despite our efforts to avoid publication bias publication bias occurred, which needed to be considered when interpreting the study outcomes.

Conclusion

In conclusion, this meta-analysis evaluates the efficacy and safety of hUCB-MSCs therapy on the neurological deficit scores and infarct size in animal model, which provides an important basis for future translational clinical studies. However, considering the limited application of animal studies to humans, the heterogeneity existing between studies, the results should be extrapolated to the clinical setting with great caution. The long-term efficacy and safety of hUCB-MSCs in CI patients still require additional substantiation. In the future, large sample, randomized controlled trials are required to prove the efficacy and safety of hUCB-MSCs therapy for CI.

Declarations

Ethical approval: All analyses were based on previous published studies, thus no ethical approval are required.

Consent to participate: All analyses were based on previous published studies, thus no patient consent are required.

Consent to publish: All analyses were based on previous published studies, thus no consent to publish are required.

Authors contributions: The authors are grateful for the dedication of all the coinvestigators to the study. MJ Z and ZN Q searched electronic bibliographic databases, scored the quality of the articles, and discussed in disagreements, T W consulted if necessary. WJ Y and J Z collected and analyzed data. MJ Z wrote the full text. Wang Tao reviewed the full text.

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Competing interests: The authors declare that they have no conflict of interest.

Availability of data and materials: We guaranteed the authenticity and validity of the data, and all the data comes from every document searched in the database.

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