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## Clinical Image

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## Stridor due to massive retrosternal goitre

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### Description

An independent 90 year old woman presented to the emergency department in respiratory distress. Background medical history included a known retrosternal goitre under observation, previous right sided thyroid lobectomy and recent lower respiratory tract infection treated with oral antibiotics. The patient was tachypnoeic and 'tripoding'. Stridor was immediately evident. Examination revealed tracheal tug and positive Pemberton's sign. Radiological investigations included chest Xray which showed tracheal deviation and a mediastinal mass. CT neck showed tracheal deviation and stenosis with minimum diameter of 0.6 cm at level of thoracic inlet, caused by massive retrosternal goitre. ABG revealed type 1 respiratory failure with PaO, 65 mmHg and PcO, of 33 mmHg. PH was 7.47. Airway manoeuvres, intravenous steroid, nebulised epinephrine and bronchodilators had little to no beneficial effect. She was transferred urgently to a head and neck centre for consideration of emergency tracheal stenting.





Figure 1: Patient reports.

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