# JCINCR Journal of OPEN ACCESS Clinical Images and Medical Case Reports

ISSN 2766-7820

### Case Report

Open Access, Volume 5

## Cerebral manifestation of hypervirulent klebsiella pneumoniae: An in-depth case report on isolated brain abscess

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Received: May 17, 2024 Accepted: Jun 06, 2024 Published: Jun 13, 2024 Archived: www.jcimcr.org Copyright: © Lee CC (2024). DOI: www.doi.org/10.52768/2766-7820/3117

#### Introduction

Klebsiella pneumoniae (K. pneumoniae) is a gram negative organism commonly associated with respiratory tract infection. Isolated Invasive K. pneumoniae brain abscess and meningitis is extremely rare especially in an immunocompetent patient. There have been emerging cases of hypervirulent Klebsiella pneumoniae reported in Asia-Pacific [1]. These organisms have been associated with more invasive diseases, including meningitis, endophthalmitis, and liver abscesses. We are reporting a rare case of isolated hypervirulent Klebsiella pneumoniae brain abscess, with sterile blood cultures and no distance metastasis in an immunocompetent patient.

#### **Case presentation**

A 33-years old Malay gentleman presented with insidious onset of right sided unilateral weakness for 3 days with severe headache. He has type 2 diabetes mellitus and previous admissions with multiple admission due to localised *Klebsiella pneumoniae* perianal abscess which were adequately treated. On physical examination, his GCS was 15/15 and right sided hemiplegia (power 0/5).

Contrast-Enhanced CT (CECT) Brain (Figure 1) revealed left fronto-parietal intra-axial hypodense lesion with ring enhancement, with increased meningeal enhancement at left fronto-parietal and right frontal region. Blood analysis showed elevated white cell counts predominantly neutrophils (72.2%), erythrocyte sedimentation rate (ESR; 94 mm/h) and glycated Haemoglobin A1c of 13.0%.

Lumbar puncture was performed; with opening pressure of 28 cm H<sub>2</sub>0; Cerebrospinal fluid analysis revealed elevated protein (559 mg/L), increased white cell counts (364.9 cells/uL with predominant neutrophils) and reduced CSF/blood glucose ratio. However, CSF gram staining and cultures were negative. Human immunodeficiency virus, echocardiography, and blood culture were all unremarkable. Rest of the imaging does not revealed abscess in other systems.

Patient was empirically treated with intravenous Ceftriaxone 2 g BD. However, patient condition deteriorated with worsening headache with persistent fever. Repeated CECT Brain (Figure 2) showed worsening mass effect and midline shift. He underwent emergency left craniotomy and excision of left parietal abscess. Intraoperatively, 20 ml pus with abscess capsule was removed. Intraoperative tissue, Cerebrospinal Fluid (CSF) and pus culture grew *Klebsiella pneumoniae*, sensitive to Cefuroxime, Augmentin, and Gentamicin. Further identification using conventional and molecular method revealed Hypervirulent Klebsiella pneumoniae, with positive String test, iroD, rmpA, peg gene and MagA gene detected.

**Citation:** Lee CC, Mohd Said NAB, Low LL, Tan CL. Cerebral manifestation of hypervirulent klebsiella pneumoniae: An indepth case report on isolated brain abscess. J Clin Images Med Case Rep. 2024; 5(6): 3117

He was treated with intravenous Ceftriaxone 2 g 12 hourly for a total of 8 weeks, optimization of blood glucose and in-patient rehabilitation, physiotherapy, and occupational therapy. He regained right sided power of 4/5 prior to discharge. Upon follow up in 3 months, he remained well and able to ambulate without aid with no recurrence.



**Figure 1:** Contrast Enhancing Computed Tomography (CECT) brain on presentation: well-defined hypodense intra-axial lesion with ring enhancement seen at left frontal-parietal region, measuring approximately 1.5x1.4x1.9 cm (APxWxCC). It is associated with perilesional edema.



**Figure 2:** Repeated CECT brain: left frontal-parietal intra-axial hypodense enhancing lesion represent worsening cerebral abscesses with meningitis, worsening midline shift, cerebral edema, and mass effect.



**Figure 3:** CECT brain post left craniotomy and excision of abscess: small residual parasagittal left frontal-parietal abscess, which measuring approximately 1.0 cm x 1.1 cm with perilesional edema.



**Figure 4:** CECT brain 4 weeks post craniotomy and excision of abscess: resolving left parietal parasagittal cerebral abscess with perilesional edema.



Figure 5 Klebsiella spp. on Blood agar.



**Figure 6:** Klebsiella spp. characteristically grow as large mucoid colonies on MacConkey agar.

#### Discussion

*Klebsiella pneumoniae* belongs to the *Enterobacteriaceae* family and is a gram negative, non-motile bacterium [2]. Primary reservoir for *K. pneumoniae* is human. In the general community, 5% to 38% of individuals carry the organism in their stool and 1% to 6% in the nasopharynx [3]. The main reservoir of infection are the patient's gastrointestinal tract and the hands of hospital personnel [4].



Figure 7: Positive string test.

*Klebsiella pneumoniae* associated with Community Acquired Pneumonia (CAP) mainly occurred in patient populations with alcohol use disorder or diabetes mellitus and common in Chinese ethnicity (reference). The isolation rates of *K. pneumoniae* from stool specimens in healthy adult Chinese was highest in Malaysia (87.7%), followed by Taiwan (75%), Singapore (61.1%) Hong Kong (58.8%) and China (57.9%) (reference). Pneumonia caused by *K. pneumoniae* is usually associated with high mortality, if not treated [3]. Overall, *K. pneumoniae* accounts for approximately 11.8% of all hospital-acquired pneumonia in the world. Mortality ranges from 50% to 100% in patients with alcoholism and septicaemia [1,3]. A study in Taiwan reported bacteremic CAP caused by *K. pneumoniae* in Taiwan from 2008 to 2013, accounting for 21.9% of all cases which are the commonest pathogen, with a high 30 day mortality of 54.1% [5].

Hypervirulent Klebsiella pneumoniae (hvKp) is an invasive variant that is more virulent than classical *K. pneumoniae* (cKp) with its hypermucoviscosity and hypervirulence characteristics [1,6]. This strain could be identified by the "string test," using an inoculation instrument to create a sticky "string" of greater than 5 mm (Figure 7) [7]. HvKp infects individuals who are often healthy, unlikely cKp which infects old indivuals, however susceptible factors include diabetes mellitus, male gender, and Asian ethnicity, especially in Southeast Asia [7]. Due to hypervirulent characteristics, metastatic infections are very common, especially in the uncommon sites of infection such as pyogenic liver abscesses, necrotizing fasciitis, endophthalmitis, and meningitis. HvKp strains are commonly susceptible to a variety of antibiotics, including cephalosporins and carbapenem, except for its ampicillin resistance [6]. Thus, highly suspicious hvKp infected individuals such as Southeast Asian should undergone distance dissemination screening including imaging such as CECT Brain, CT Abdomen and ophthalmology referral.

An essential aspect of managing infectious diseases involves the identification and eradication of the source of K. pneumoniae, which presents a significant challenge. The need of source control such as drainage of abscesses/closed space infections is essential to obtain optimal outcome. Since hvKP strains often cause abscesses, interventional radiology and percutaneous drainage of accessible abscesses often needed in present era and rarely open surgical drainage is required in complicated cases [8]. As such in this case, isolated brain abscess can lead to elevated intracranial pressure and has significant morbidity and mortality and treatment of brain abscess has been a challenge. CT and MRI brain guides the management by localizing the abscess and offer details including the dimensions and number of abscesses. Surgical excision or drainage combined with prolonged antibiotics (usually 4-8 weeks) and weekly CT or MRI imaging able to obtain a cure rate of more than 90%, remains the treatment of choice for in brain abscess larger than 2.5 cm in diameter [10,11]. Steroid administration should be generally avoided unless the patient demonstrates signs of meningitis or disproportionate cytotoxic oedema and when used should be tapered as soon as possible [12].

Klebsiella Pneumoniae Invasive Syndrome (KPIS) is a rare clinical condition which characterised by liver abscesses with the following metastatic complications: bacteraemia, meningitis, endophthalmitis, and necrotising fasciitis. Early detection of hypervirulent strain eventually minimises the sequalae and improve clinical outcomes by early diagnosis and treatment. Patient's condition become more critical and the mortality rate is higher when there is intracranial infection. CT examination of the head, chest and abdomen are recommended in the first instance and  $\beta$ -lactam antibiotics should be administered as soon as possible which hvKp is susceptible to it. For patients with this invasive syndrome, appropriate antimicrobial treatment combined with percutaneous drainage of liver abscesses increases their chances of survival [13].

#### Conclusion

Isolated *Klebsiella pneumoniae* brain abscess is a rare cause of community-acquired brain infection. Despite sterile CSF and blood cultures, a high index of suspicion is required to diagnose this rare entity, especially in a patient with invasive dissemination and risk factors. "String test" may be performed in laboratory to identify hypervirulent *Klebsiella pneumoniae* to aid in early identification of this pathogen. Treatment of *K. pneumoniae* brain abscess may include appropriate antibiotics and surgical evacuation if appropriate.

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