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Proteus mirabilis as a cause of intertrigo: The value of UV dermoscopy

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Abstract

A 50-year-old patient with no significant medical history, presented with an intertrigo resistant to antifungal treatment. Dermatological examination revealed a dry intertrigo with fine, powdery scales and a peripheral collarette in the fourth interdigital space, Under Ultravioletinduced fluorescence (UVF), a coral-red fluorescence was observed in the fold, with more pronounced scales and a collarette, Bacteriological and mycological examination of the scales identified a Gram-negative bacillus, spores, and mycelial filaments. Culture results confirmed the presence of Proteus mirabilis and Candida albicans. The patient was treated with a topical antifungal and antibiotic, leading to significant improvement. This case highlights the value of UV dermoscopy in entomodermoscopy and its role in diagnostic orientation. It also underscores the presence of an unusual pathogen, Proteus mirabilis, alongside Candida as a causative agent of intertrigo.

Keywords: Dermoscopy; UV dermoscopy; Proteus mirabelis; Candida albicans; Intertrigo.

Background

UVF dermoscopy is an innovative dermoscopic technique that utilizes a UV light source at 365 nm to induce fluorescence in skin chromophores [1]. We report a case of interdigital intertrigo caused by Proteus mirabilis, in which the diagnosis was guided by UVF dermoscopy.

Case presentation

A 50-year-old patient with no significant medical history, presented with an intertrigo resistant to antifungal treatment. Dermatological examination revealed a dry intertrigo with fine, powdery scales and a peripheral collarette in the fourth interdigital space (Figure 1a), Under UVF dermoscopy, a coral-red fluorescence was observed in the fold, with more pronounced scales and a collarette (Figure 1b), Bacteriological and mycological examination of the scales identified a Gram-negative bacillus, spores, and mycelial filaments. Culture results confirmed the presence of Proteus mirabilis and Candida albicans. The patient was treated with a topical antifungal and antibiotic, leading to significant improvement.

Discussion

Cutaneous infections caused by Proteus mirabilis can present in various clinical forms, ranging from acute cellulitis, to macular, papular, or erythematous lesions. These manifestations can sometimes mimic Pseudomonas aeruginosa, making clinical diagnosis challenging [2]. In this context, UVF dermoscopy are innovative diagnostic tools capable of identifying clues that are not discernible with conventional dermoscopy [2,3]. UVF dermoscopy is based on the Stokes shift phenomenon

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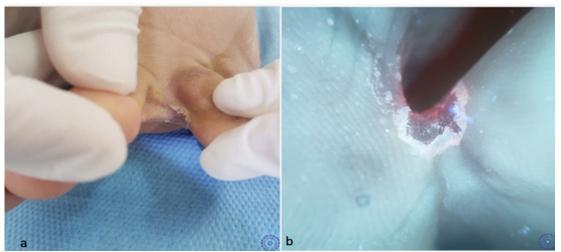


Figure 1: (a) Dermatological examination revealed a dry intertrigo with fine, powdery scales and a peripheral collarette in the fourth interdigital space. **(b)** Under Wood's lamp and dermoscopy, a coral-red fluorescence was observed in the fold, with more pronounced scales and a collarette.

corresponding to the emission of visible fluorescent photons by chromophores excited by UV light [2,3]. In practical applications, UVF dermoscopy does not reveal any fluorescent signals in *Candida*-induced intertrigo. However, a green fluorescence is observed in *Pseudomonas aeruginosa* infections due to the secretion of pyoverdine, while a red fluorescence is typically associated with *Corynebacterium* infections, attributed to the production of coproporphyrin III [2,3].

In our case, a red fluorescence was observed, suggesting a bacterial origin. However, bacteriological analysis confirmed the presence of *Proteus mirabilis*, a bacterium known for its production of hydrogen sulfide (H₂S), but not reported associated with red fluorescence. The unexpected fluorescence led us to perform an additional microbiological assessment, ultimately guiding a therapeutic adjustment with the introduction of targeted antibiotic treatment. Although the exact mechanism underlying the observed red fluorescence remains unclear, our findings highlight the potential role of UVF dermoscopy as a valuable diagnostic aid in cutaneous infections.

Conclusion

The purpose of presenting this case is to highlight the value of UVF dermoscopy in entomodermoscopy and its role in diagnostic orientation. It also underscores the presence of an unusual pathogen, Proteus mirabilis, alongside Candida as a causative agent of intertrigo.

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